

Lincoln Park Community Center

357 Frederick Avenue, Rockville MD 20850

240-314-8780

Open Daily

Monday-Saturday 9 a.m.-9:30 p.m. • Sunday 10 a.m.-6 p.m.

▪ LINCOLN PARK COMMUNITY CENTER DROP-IN

Drop in for Computer Access, Table Tennis, Card/Board Games, Basketball, and the Fitness Center. A Fitness Trainer is available for assistance between the hours of 6:30 p.m.-9:30 p.m.

▪ Are you ready for the Beach This Summer?

Start making your lunch break a mealtime with meaning.

Spend the time working out at the
Lincoln Park Community Center

Featuring:

- Treadmills ▪ Exercise Bikes
- Free weights ▪ Elliptical Crosstrainer
- Basketball ▪ Table Tennis
- Lockers and Showers

Close to downtown Rockville and at a bargain price:

\$30 per year. Note: Rate increase July 1, 2004

For more information on making the Lincoln Park Community Center your Lunchtime health club, please give us a call.

▪ PRIVATE RENTALS

Do you have a special anniversary, birthday, or retirement to celebrate? Give us a call for your special event.

Lincoln Park Community Center FITNESS CENTER

Adult Fitness: \$30(R)/\$50(N)
Adult/Spouse Fitness: \$55(R)/\$75(N)
Senior/Youth Fitness: \$15(R)/\$35(N)

Note: Rate increase July 1, 2004

▪ LPCC BASKETBALL DROP-IN*

Call center for dates & times

*Times subject to change. For information, give us a call.

3RD ANNUAL BACK TO SCHOOL JAM

Saturday, August 21

12 noon - 3 p.m.

Events include:

- Meet & greet with school administrators and ask questions about the upcoming school year.
- Receive information about after-school programs and other City of Rockville activities and programs.
- Free school supplies give-a-way
- Fun & Games for kids

MOBY

Mobile MEDICAL CLINIC

is making regular stops at
LPCC 2nd & 4th Friday
TCRC 1st & 3rd Friday

The mission of Mobile Medical Care, Inc. is to provide primary medical care to the low-income, uninsured, working-poor and homeless in Montgomery County.

Walk-ins 9:30-11:30 am
For appointments, call 301-493-2400

▪ MANNA FOOD

Manna Food Service provides a variety of food at no cost for those in need. Deliveries are made on Fridays at 12 noon. Distribution is open to the public.

**For information on programs or rentals,
call 240-314-8780**